



Dates for the Diary...

- 3.6.25 Science Y6 transition.
- 5.6.25 Art Y6 transition.
- 9.6.25 Colofoto class photos and Leavers photos.
- 19.6.25 Family Fun Day (Nursery-Year two sports morning (9:30am), family picnic lunch, disco and stalls in the afternoon (for all children).
- 20.6.25 Year 3- Year 6 sports morning (9:30am).
- 23.6.25 PS3 trip to Aberavon Beach.
- 25.6.25 Whole school transition day-postponed, new date tbc.
- 25.6.25 PS3 Rugby festival (Rest Bay).
- 8.7.25 Year 6 Leavers Assembly.
- 9.7.25 Do Re Mi Canu Sioe Haf.
- 10.7.25 Class 5 coffee morning-presenting their Heritage Project.
- Year 6 Leaver's Trip
- 14.7.25 Parent consultation meetings, if required (from 3:15pm).
- 15.7.24 Nursery graduation day.
- 18.7.25 Last day of school for children for this academic year.
- 21.7.25 INSET day- school closed.
- 1.9.25 INSET day- school closed.
- 24.10.25 INSET day- school closed.
- 5.1.26 INSET day- school closed.
- 6.1.26 INSET day- school closed.
- 20.7.26 INSET day- school closed.



Criw Cymraeg...

Wyt ti'n hoffi hufen ia? Do you like ice cream?

Mae hi'n heulog heddiw - It is sunny today

Penblwydd Hapus goes to...

James P., Dexter J., Grace T., Faith C., Sunny G., Paige C., Sophie L., Nia M., Holli T., Ellis T., Keegan B., Elizabeth F., Declan J. and Peyton A. who celebrated a birthday in **January**.

Connah B., Mckenzie C-W., Freya P., Ruby J., Myla B., Jacob P-J., Carter J., Jessie G. and Kayden A. who celebrated a birthday in **February**.

Sylvester S., Maxwell P., Bobby-Rea D., Lucas M., Esmay-Courtney B., Maddison R., Maila P., Hallie O., Olivia F-J. and Nora G. who celebrated a birthday in **March**.

Olivia J., Esmay G., Harrison W-S., Armaanbir S., Savannah A., Matthew D., Poppy P., Jaxon J C., Romeo-James C., Ruby-Leigh T. and Jaxon J who celebrated a birthday in **April**.

Ethan J., Kaleb-Joe M., Lexie A., Harrison P., Esmay-Rose E., Wyatt J., Ellis M., Theo B., Olivia L., Oliver P., Lucas V. and Riley H. who celebrated a birthday in **May**.



Headteacher's Newsletter

Issue 9

Welcome...

I cannot believe we are on the last stretch of this academic year. Where has the time gone? We excitedly look forward to our final year as Afon Y Felin Primary school. We have big plans ahead as we prepare for our new primary school. I hope to share with you before the end of the academic year some images of the new school-yet to be named. All I can say at this point is that there will be a brand-new uniform colour, and logo which we hope the children and school community will be involved with creating.

Huge Llonyfarchiadau goes to all our Urdd Eisteddfod participants who have been diligently performing, submitting and winning during the Spring/Summer terms 2025.

Well done...Jessie G., Grace H., Scarlett-Rose M., Maddie R., Daisy M., Scarlett H., Mayah M., Isabelle F., Freya P., Bobby D., Maxwell P., Jessica T., Harrison P., McKenzie M., Brodie-Leigh B., James P., Harley M and Millie W.!

Congratulations to Dosbarth Bedw's teacher on becoming Mrs. Mohammed (formerly Miss. Murphy) over the Easter holidays. We will be saying a fond farewell to Mr. Cottle at the end of this academic year, as his contract comes to an end. Hwyl fawr to Ann-Marie Davies and Helen Griffiths, Lunchtime Supervisors too. We wish them well for the future. Diolch also to Cllr Jane Granville and Stephen Fisher who resigned from the Governing Body this year, thank you for your service. We have one vacancy for a parent governor. See Mrs. Pryse, Mrs. Jones or parent governor Mr. Garrick if you are interested in joining our Governing Body to shape the education for our pupils!



Safeguarding/Child Protection...

Are you worried about a child in the community?

Bridgend Children's Services duty desk: **01656 642320**

NSPCC **0800 800 5000 / 0800 1111**



Admin... Contact us...

01656 815750 or

admin@afonyfelinps.bridgend.cymru

or check out our school website

www.afonyfelinprimary.co.uk

We also have a school

Instagram page along

with class Dojo pages too.



School attendance...

Overall: May's attendance is...**90.4%**, which is better than last month, but not quite hitting our 91% target.

Our May class attendance is:

Little Acorns... 85.7%U

Hollies... 89.4%U

Willows... 90.2%U

Birch... 86.6%U

Cedars...95.3%U

Oaks... 95.8%U



If your child is ill, please inform the school office by 9:30am. You can leave a message if the line is busy. It is important for us to know why your child is absent as our Education Welfare Officer (EWO) checks our registers regularly. Any child that has been unaccounted for 5 days will result in Laurie Baldwin, our Education Welfare Officer calling to carry out a welfare check.

If a child misses school, they are missing out on vital learning.

#attendtoachieve

NSPCC

Promote

Listen up, Speak up

What is Listen up, Speak up?

Listen up, Speak up is an NSPCC campaign aimed at empowering the public to take action if they're worried about a child or family.

Because when we all listen up and speak up for the people around us, we can make sure that children always come first. It might mean stepping in to help juggle childcare, providing a listening ear to a struggling teen, or calling the NSPCC Helpline if you think a child is at risk.

That's why we're offering free, bite-size training to every adult in the UK. It will show:

- the signs a child might be at risk, and steps you can take to help
- how to approach difficult conversations to help keep children safe
- who you can contact if you're ever concerned about a child or their family.

With your support, we can get as many people as possible involved in our campaign, meaning we can keep more children safe.

How can you support this campaign?

- 1 Take the 10-minute digital training: nspcc.org.uk/speakup
- 2 Share our training with people that you know
- 3 Host a Listen up, Speak up workshop

These are free, hour-long workshops that can be delivered at your workplace, school, club or community group. For further information, please contact walescampaigns@nspcc.org.uk

Thanks for your support



Children's Teeth...

your dental team for an appointment. Remember to check with your doctor or pharmacist that you are being prescribed sugar-free medicines at all times.

Q How can I prevent tooth decay in my child?

A The main cause of tooth decay is not the amount of sugar or acid in the diet, but how often it is eaten or drunk. The more often your child has sugary or acidic foods or drinks, the more likely they are to have decay, so it is important to have sugary and acidic foods just at mealtimes. If you want to give your child a snack, try to stick to cheese, vegetables and fruit. Try to limit how much dried fruit you give as it is high in sugar.

Don't give them drinks containing sugars, including fruit juices, between meals. Give them water or milk instead. For babies, don't add sugar to their drinks, or to foods when you introduce them to solids.

It is also worth remembering that some processed baby foods contain quite a lot of sugar. Try checking the list of ingredients: the higher up the list sugar is, the more there is in the product. Generally anything ending in 'ose' is a sugar, for example: fructose, glucose, lactose or sucrose. Thorough brushing with a fluoride toothpaste last thing at night, and at least one other time during the day, will help to prevent tooth decay.

Q What if my child is very nervous about going to the dentist?

A Children can sense fear in their parents, so it is important not to let your child feel that a visit to the dental team is something to be worried about. Try to be supportive if your child needs to have any dental treatment. If you have any fears of your own about going to the dentist, don't let your child hear you talk about them.

Regular visits to the dental team are essential in helping your child get used to the surroundings and what happens there. A child can be much more anxious if it is their first visit to a dental practice. Pain and distress can happen at any time and it is important to prepare your child with regular visits.



Oral Health Foundation
Better oral health for all

The Oral Health Foundation is an independent charity dedicated to promoting good oral health.

The Oral Health Foundation promotes three key messages:

- 1 Brush your teeth last thing at night and at least one other time during the day, with a fluoride toothpaste.
- 2 Cut down how much and how often you have sugary foods and drinks.
- 3 Visit your dentist regularly, as often as they recommend.

For more advice and information please visit
www.dentalhealth.org

Oral Health Foundation
Smile House, 2 East Union Street, Rugby CV22 6AJ
Registered Charity Number 263198

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plain English
approved
by the word centre

Tell me about

Children's teeth



Children's teeth

Q When should I take my child to the dentist?

A It is recommended that children should go to the dentist with their parents as soon as possible. You should then take them regularly, as often as your dental team recommend. This will let them get used to the noises, smells and surroundings and prepare them for future visits. The earlier these visits start, the more relaxed the children will be.



Teach your children how to clean their teeth

Q When will my child's teeth appear?

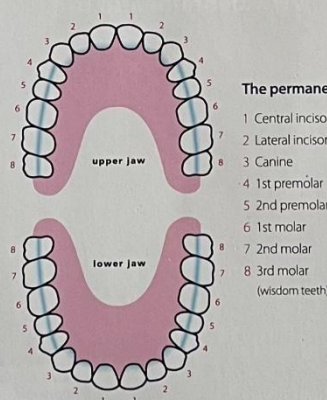
A First (or 'baby' or 'milk') teeth usually start to appear when your child is around 6 months old. All 20 baby teeth should appear by the age of 30 months. For more information, see our leaflet 'Tell me about Dental care for mother and baby'. The first permanent 'adult' molars (back teeth) will appear at about 6 years, before the first baby teeth start to fall out, usually between the age of 6 and 7. The permanent 'adult' teeth will then replace the 'baby' teeth. It is usually the lower front teeth that are lost first, followed by the upper front teeth shortly after. All permanent teeth should be in place by the age of 14, except the 'wisdom' teeth. These may appear any time between 18 and 25 years of age.

All children are different and develop at different rates.

Q How should I clean my child's teeth?

A Cleaning your child's teeth should be part of their daily hygiene routine. You may find it easier to stand or sit behind your child, cradling their chin in your hand so you can reach their top and bottom teeth more easily.

- When the first teeth start to appear, try using a toothbrush designed for children, with a small smear of fluoride toothpaste.
- It is important to supervise your child's brushing until they are at least seven.
- Once all the teeth have appeared, use a toothbrush with a small head and soft bristles in small, circular movements and try to concentrate on one section at a time.
- Don't forget to brush gently behind the teeth and onto the gums.
- Spit out after brushing and do not rinse with water, so that the fluoride stays on your teeth longer.
- If possible, make brushing a routine – just before your child goes to bed and at least one other time during the day.
- Remember to encourage your child, as praise will often get results!



The permanent teeth

- 1 Central incisor
- 2 Lateral incisor
- 3 Canine
- 4 1st premolar
- 5 2nd premolar
- 6 1st molar
- 7 2nd molar
- 8 3rd molar (wisdom teeth)

Q Should I use fluoride toothpaste?

A Fluoride comes from a number of different sources including toothpaste, specific fluoride applications and perhaps the drinking water in your area. These can all help to prevent tooth decay.

If you are unsure about using fluoride toothpaste ask your dentist, health visitor or health authority.

All children up to three years old should use a smear of toothpaste with a fluoride level of at least 1000ppm (parts per million). After three years old, they should use a pea-sized amount of toothpaste that contains 1350ppm to 1500ppm.

You can check the level of fluoride on the packaging of the toothpaste. You should supervise your children's brushing up to the age of 7, and make sure they spit out the toothpaste and don't swallow any if possible.

Q What sort of brush should children use?

A There are many different types of children's toothbrushes, including brightly coloured brushes, some that change colour, some with favourite characters on the handle, and some with a timer. These all encourage children to brush their teeth. The most important thing is to use a small-headed toothbrush with soft, nylon bristles, suitable for the age of your child. It's also important to spend two minutes brushing your teeth and don't rush!

Using a power toothbrush, suitable for the age of the child, can help to make brushing fun and make sure your child brushes for the correct amount of time.

Q What could cause my child to have a toothache?

A Toothache is painful and upsetting, especially in children, and the main cause is tooth decay. This is due to too much sugar, too often, in the diet.

Teething is another problem. It starts at around 6 months, and it can continue when the adult teeth start to appear. If your child needs pain relief, make sure you choose a sugar-free medicine. If the pain continues then contact

